Christmas Safety Tips

The winter holidays are a time for celebration, and that means more cooking, home decorating, entertaining, and an increased risk of fire and accidents. We recommend that you follow these guidelines to help make your holiday season safer and more enjoyable.

- Pick the right Holiday Lights: Check for broken or burnt out bulbs. Choose LED lights over incandescent lights. Do NOT connect more than 3 strings of lights together.
- Be smart about your decorations: Do not leave decorations near lit candle areas. Placement of decorations and open wires should be carefully thought about.
- Don’t overload your outlets: Don’t go over the maximum that your extension allows. Overloaded outlets = fire hazards.
- Pick a fresh tree & water it daily: Make sure your tree is fresh by watering it daily, as this is also a potential fire hazard.
- Poinsettias are known to be poisonous to humans and animals, so keep them well out of reach, or avoid having them.
- Protect what you care about: If you are going away for vacation, make sure your home looks occupied.

Cleaning Supplies Notice

Dear all QHA Rental Tenants: QHA will like to officially inform all rental tenants of upcoming changes to the cleaning supply program. Please keep in mind this notice only applies to tenants who are eligible for this program.

As of December 1, 2016, cleaning supplies will be given out every other month.

QHA wants to ensure products are used fully to prevent wastefulness.

Cleaning Supply Distribution Schedule:
- December 14, 2016
- February 15, 2017
- April 17, 2017
- June 15, 2017
- August 15, 2017
- October 16, 2017
- December 15, 2017

December Tribal Community Events

Christmas Tower Lighting
When: December 9, 2016
Where: Tribal Admin
Time: 5:00p.m.

Christmas Dinner & Toy Giveaway
When: December 17, 2016
Where: Paradise Event Center
Time: 5:00p.m.
Chocolate Chip Cookies

Ingredients:
1 1/2 cups unsalted butter or margarine, softened
1 1/4 cups granulated sugar
1 1/4 cups packed brown sugar
1 tbs. vanilla
2 eggs
4 cups all purpose flour
2 tsp. baking soda
1 tsp. salt
1 package (24oz) semi-sweet chocolate chips

Directions:
2. Drop dough by rounded measuring tablespoonful about 2 inches apart onto ungreased cookie sheet.
3. Bake 12 to 15 minutes or until light golden brown. Cool slightly. Remove from cookie sheet to wire rack, cool.

Self-Help Program

This grant assists qualified organizations to help carry out local self-help housing construction projects. Grant recipients supervise groups of very-low- and low-income individuals and families as they construct their own homes in rural areas. The group members provide most of the construction labor on each other's homes, with technical assistance from the organization overseeing the project. Please contact Liz Johnson at the QHA office to see if you are eligible to participate in the Self-Help program.

Phone: (760) 572-0243

Maintenance Tips

After enduring a long summer pumping cold air through your home, your central air conditioning system is finally enjoying a much needed break despite this fall. Out of use shouldn't mean out of mind, however – there are some important steps you should take to protect your AC unit over the winter so you know it will be ready to go when the weather warms up again. Here is what you need to know about keeping your central air conditioning system safe during the cold winter months.

The most important maintenance task that will ensure the efficiency of your air conditioner is to routinely replace or clean its filters. Clogged, dirty filters block normal airflow and reduce a system's efficiency significantly. With normal airflow obstructed, air that bypasses the filter may carry dirt directly into the evaporator coil and impair the coil's heat-absorbing capacity. Replacing a dirty, clogged filter with a clean one can lower your air conditioner's energy consumption by 5% to 15%.

QHA cares about the lift expectancy of your air conditioning unit. You may pick up air filters at the QHA office.

Elders' Corner

- Reminder Quiet Hours are from 10:00p.m.—5:00a.m.

- Please report any unusual or suspicious activity to QHA or QPD.

- Brenda Rummel from QHA will be at the Quechan Senior Center every first Wednesday of each month to address all questions and concerns.